

Health & Safety - Course Overviews

Course Title	Time	Contact
<p>OSHA General Industry 10 Hour Intended to provide a variety of training General Industry safety and health to entry level workers. Of the topics listed below, four hours are mandatory and three must be chosen from the optional topic list provided. For the remainder of the class, other general industry standards and policies and/or expand on the required topics.</p>	10 Hours	<p><i>Please contact</i> <u>Becky Epps</u> Project Manager 314.513.4271 for questions and pricing</p>
<p>OSHA General Industry 30 Hours The 30-hour program is intended to provide a variety of training to people with some safety responsibility. Of the topics listed below, seven hours are mandatory and fourteen hours must be chosen from the optional topic list provided.</p>	30 Hours	
<p>NFPA 70E – Arc Flash Compliance This course teaches individuals to avoid electrical hazards creating a safer environment. It will help reduce down-time because the correct employees are trained properly. Explains proper use of Personal Protective Equipment and the limitations of various types of Personal Protective Equipment. Meets or exceeds OSHA’s Standards for compliance in the process.</p>	16 hours	
<p>Aerial Lift Safety Safety Basics, Types of Aerial Lifts, Identification of hazards, and Authorization by the company to operate the respective Aerial Lifts.</p>	8 Hours	
<p>Fork Truck This course will cover the OSHA requirements regarding forklifts. Individuals will learn about the seven classes of “Powered Industrial Trucks”. A proficiency test will be required to be authorized to operate a “Powered Industrial Truck”.</p>	8 Hours	
<p>Lock-out / Tag-out Training Emphasis will be on:</p> <ul style="list-style-type: none"> OSHA’s Lockout/Tagout regulations Common Lockout/Tagout situations Types of energy and their associated characteristics Lockout/Tagout devices General Lockout/Tagout procedure Lockout/Tagout for electrical systems Lockout/Tagout for pneumatic and hydraulic systems 	4 Hours	
<p>Basic Electrical Theory</p>	24 Hours	
<p>National Electrical Code</p>	80 Hours	